

## Developmental Stages in the Integration of Literature into Academic Writing Skills

Wilson (1997) suggests there are four developmental stages in the continuum of learning academic writing: repetition, patching, plagiaphrasing, and appropriate citation. These are defined as:

Stage	Description
<b>Stage One: Repetition</b>	Involves extensive copying without citation
<b>Stage Two: Patching</b>	Involves extensive copying, but with appropriate citations
<b>Stage Three: Plagiaphrasing*</b>	Students blend copied sections, quotations, paraphrases, and their own words
<b>Stage Four: Appropriate Citation</b>	



\*According to Wilson, entry into this third stage, plagiaphrasing, shows that students are beginning to speak with their own voices, and it is an important stage on the way to developing the appropriate academic writing style demonstrated in Stage Four.

Some students will go directly from Stage One to Stage Three. Other students may get stuck at Stage Two.

### Reference

Wilson, K. (1997, July 8-11). *Wording it up: Plagiarism in the interdiscourse of international students*.

The Higher Education Research and Development Society of Australasia Conference, Adelaide, South Australia.

Examples of the stages students might go through learning to write in an appropriate academic style.

Original work	Student writing	Comments
<p>Nutrition for everyone These days, a wealth of nutrition information is at your fingertips. From diet books to newspaper articles, everyone seems to have an opinion about what you should be eating. It's no secret that good nutrition plays an essential role in maintaining health. ("Nutrition for everyone", n.d.).</p> <p>While you already know it is important to eat a healthy diet, you may find it more difficult to sort through all of the information about nutrition and food choices. CDC has compiled a variety of resources to help you start healthier eating habits: <a href="http://www.cdc.gov/nutrition/everyone/">http://www.cdc.gov/nutrition/everyone/</a></p>	<p>It is no secret that good nutrition plays an essential role in maintaining health. While a person already knows it is important to eat a healthy diet, they may find it more difficult to sort through all of the information about nutrition and food choices.</p>	<p><b>This student writing</b> in this example <b>is unacceptable</b>.</p> <p>There is <b>extensive copying</b>. It is unacceptable to copy someone's words and just change or add one or two words.</p> <p>There is <b>no citation (reference)</b>. This is an example of <b>plagiarism</b>.</p>

Original work	Student writing	Comments
<p>Nutrition is the intake of food, considered in relation to the body's dietary needs. Good nutrition – an adequate, well balanced diet combined with regular physical activity – is a cornerstone of good health. Poor nutrition can lead to reduced immunity, increased susceptibility to disease, impaired physical and mental development, and reduced productivity. (Nutrition, n.d.).</p> <p>Nutrition Good nutrition, along with physical activity, is a key ingredient for a healthy life. <a href="http://www.health.govt.nz/yourhealth/healthy-living/food-andphysical-activity/nutrition">http://www.health.govt.nz/yourhealth/healthy-living/food-andphysical-activity/nutrition</a></p>	<p>According to the World Health Organisation web site ("Nutrition," n.d.) "Nutrition is the intake of food, considered in relation to the body's dietary needs. Good nutrition – an adequate, well balanced diet combined with regular physical activity – is a cornerstone of good health" (para. 1). The Ministry of Health web site ("Nutrition," 2013) agrees and says "Good nutrition, along with physical activity, is a key ingredient for a healthy life" (para. 1).</p>	<p><b>This is an example of patching</b>. The student has correctly referenced both the sources (so this is not plagiarism) but there is <b>too much quoting</b>. Quotes make up more than 70% of the words in this paragraph. Sometimes students will do this to prove to the tutor they have consulted sources. As a guide, quoting should not make up more than 10% of a student's work. Some tutors prefer students not to quote at all.</p>

## References

*Nutrition*. (2013). [http://www.health.govt.nz/your-health/healthy-living/food- andphysical-activity/nutrition](http://www.health.govt.nz/your-health/healthy-living/food-andphysical-activity/nutrition)

*Nutrition*. (n.d.). <http://www.who.int/topics/nutrition/en/>

*Nutrition for everyone*. (n.d.). <http://www.cdc.gov/nutrition/everyone/>

Original work	Student writing	Comments
<p>For nearly two decades, the U.S. government distilled its nutrition advice into pyramids. These efforts didn't accurately show people what makes up a healthy diet. Why? Their recommendations were based on out-of-date science and influenced by people with business interests in the messages the icons sent. This year, the U.S. government scrapped its MyPyramid icon in favor of the fruit-and-vegetable rich MyPlate—an improvement, yet one that still doesn't go far enough to show people how to make the healthiest choices.</p> <p><a href="http://www.hsph.harvard.edu/nutritionsource/what-should-you-eat/pyramid/">http://www.hsph.harvard.edu/nutritionsource/what-should-you-eat/pyramid/</a></p>	<p>For nearly 20 years the American government has used the food pyramid to show people what makes up a healthy diet. Unfortunately, their recommendations were based on "out-of-date science" ("Healthy Eating Plate," n.d., para. 1). In addition, in creating the food pyramid the government could have been influenced by people with business interests. The food pyramid has now been done away with and replaced with a plate full of fruit and vegetables.</p>	<p><b>This is an example of plagiarism.</b></p> <p>Parts of the passage have been written in the student's own words. There is a correctly quoted phrase in this writing but other phrases have been copied from the original without acknowledgement. The student has retained the structure of the original paragraph.</p>

Original work	Student writing	Comments
<p>By teaching your children <b>healthy eating</b> habits, and modeling these behaviors in yourself, you can help your children maintain a <b>healthy weight</b> and normal growth. Also, the eating habits your children pick up when they are young will help them maintain a healthy lifestyle when they are adults.</p> <p>Your child's health care provider can evaluate your child's weight and growth and let you know if your child needs to lose or gain weight or if any dietary changes need to be made.</p> <p><a href="http://www.webmd.com/children/guide/kids-healthy-eating-habits">http://www.webmd.com/children/guide/kids-healthy-eating-habits</a></p>	<p>Healthy eating habits developed at an early age are likely to promote good health in adulthood ("Healthy Eating Habits," n.d.). Parents and caregivers should model and teach good eating habits. Professional advice can be sought to check whether a child is growing normally or if the child's diet needs to be adjusted to bring about change in their weight.</p>	<p><b>This passage has been written in the student's own words. It is correctly referenced. Paragraphs and sentences have been restructured.</b></p> <p>Note that part of the aim of academic writing is for the student to show the tutor that they understand the work.</p>

## References

*Healthy eating habits for your child.* (n.d.). <http://children.webmd.com/guide/kids-healthy-eating-habits>

*Healthy eating plate and healthy eating pyramid.* (n.d.).

<http://www.hsph.harvard.edu/nutritionsource/what-should-you-eat/pyramid/>

## Other Useful Study Guides

[Quoting, Paraphrasing and Summarising](#) | [APA Referencing Guide](#) | [APA Referencing: A Brief Guide](#) | [APA Referencing Information](#) | [APA Referencing: FAQs](#)

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