

Heading Styles

APA specifies heading styles for five levels of headings.

Level 1 Heading

(centred, bold, title case)

Level 2 Heading

(left aligned, bold, title case)

Level 3 heading

(left aligned, bold, italics, title case)

Level 4 heading.

(indented, bold, title case, full stop)

Level 5 heading.

(indented, bold, italicised, title case, full stop)

It can be helpful to set up your style gallery in your document with these headings formats so you can easily format headings in your assignment.

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