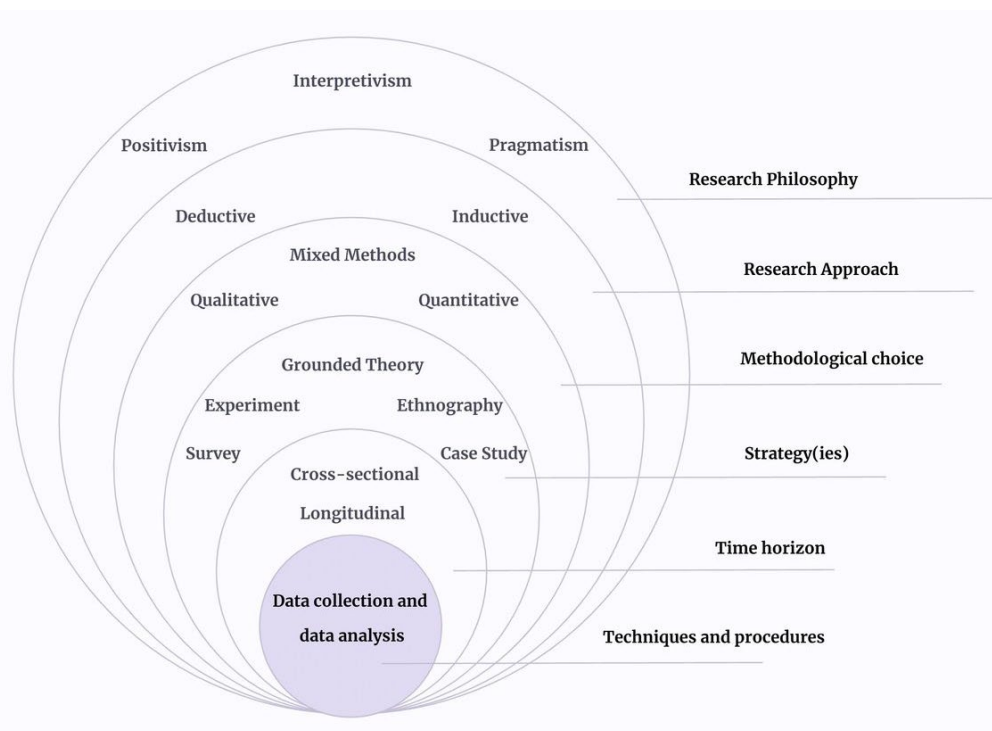# Research Methodology

Once you have decided on your research question you will need to write a Research Proposal to justify your proposed research and gain approval to proceed with your research. Your research design must be systematic and methodical.

Saunders' Research Onion provides a methodology framework which can help in determining your research design (Saunders et al., 2018). Due to the complexity of research there are many components not included in the model such as: indigenous research as a methodology choice, and action and narrative research as strategies. Some of these are discussed in separate EIT study guides.

Figure 1

Saunders' Research Onion (2018).

Note. The research process starts at the outermost layer and is read inwards. Refer to source for clarification on layers.

The PhD Club. (2024). *Saunders Research Onion.* https://thephdclub.com/blog/f/saunders%E2%80%99-research-onion

Reference

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